

July is National Pet Hydration Awareness Month



Just like humans, pets need water to survive. While human bodies are approximately 55-60% water, pets' bodies are as much as 80% water. The general rule is pets need one ounce of water per pound of body weight daily.

Water is vital for maintaining proper bodily functions and plays a significant role in regulating body temperature, aiding digestion, and supporting organ function. Without sufficient hydration, pets can experience various health issues, including kidney problems, urinary tract infections, and heatstroke.

During extremely hot summer months, it is very important to make sure your pets stay hydrated to prevent dehydration and heat-related illnesses. Whether your pet stays indoors or outdoors, make sure they have clean, fresh water available to them at all times. Clean water bowls daily to prevent bacteria growth.

Signs of Dehydration



- LOSS OF APPETITE
- DRY MOUTH
- DIARRHEA
- EXCESSIVE PANTING
- DECREASED SKIN ELASTICITY*
- SUNKEN EYES
- LETHARGY

Tips for Hydration:

- Consider using a pet water fountain, as some pets prefer running water, which can encourage them to drink more.
- Add water to food at mealtimes.

- Avoid walking or exercising pets during the hottest parts of the day and provide shade and rest breaks during outdoor adventures.
- Always carry water & a portable water bowl for your pet on walks.
- Add ice cubes or low-sodium broth to water to entice more drinking.

Surgery Report

June 2024

Dogs

Male neuter - 129
Female spay - 149

Cats

Male neuter - 360
Female spay - 416

Total - 1,054



EMPLOYEE SPOTLIGHT

Rachel is our Operations Manager, responsible for our front office operations and bookkeeping. She also invoices surgery and wellness clients, helps the medical team as needed, and assists customers on the phone and in our lobby.

She received her Bachelor of Science in Biology in 2015, from the University of Cincinnati. She joined our UCAN team in June 2020. She previously worked as a Park Naturalist for Cincinnati Parks for 3 years.

She has been involved in animal welfare for many years, working or volunteering with several local shelters and rescues. In her spare time, she fosters cats and kittens for Crazy Cats Animal Rescue. She has a pit bull mix named Angie and 5 cats named CeCe, Fred, Wilma, April and May.



Give the Gift of Life - Make a Tax-Deductible Donation Today!



UCAN Nonprofit Spay & Neuter Clinic | 2830 Colerain Avenue | Cincinnati, OH 45225 US

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